

Hello volunteers,

We hope you and yours are continuing to stay safe, happy, and active!

### **Updates**

Jeff, our house maintenance and site manager extraordinaire, has been completing daily security checks at the house. After completing a check this past Saturday, he shared that the flowers are blooming nicely, including the daffodils!



Thank you for the great reminder of what awaits our return, Jeff!

### **Learning Opportunities**

You may have heard History Colorado's podcast Lost Highways. Did you know that we have two more podcasts? Co-Authored and Unpacked bring you oral histories and lectures from our museums around the state. You can find all three of our podcasts and [recommendations](#) from History Colorado staff [here](#). If podcasts are new to you, you can also learn all the basics of listening there.

Our neighbors at the Denver Public Library have also put together an enormous list of [virtual resources](#). Find activities for adults, teens and children relating to writing, reading, watching, listening, learning and creating.

### **Wellness Wisdom of the Week: Emotional Wellness**

The National Institutes of Health recommends six practices to successfully handle life's stresses and adapt to change. You can read more about these strategies and putting them into practice today and any day here: <https://www.nih.gov/health-information/emotional-wellness-toolkit>

### **Museum Connection**

As we work on our tours and other ways we are engaging with our visitors and one another, there is so much to think about and remember (including what the inside of the house looks like)! Attached is a document with images of each room of the first floor and key questions to consider for each. Using Jillian's Tour Activity from last week as an example, begin to write out your tour room by room.

Thank you to Mike for sharing the lovely, well-lit photos of the house you'll find in this document taken by photographer Conor King of Third Dune Productions.

### **Colorado Woman of the Week: Josephine Roche**

Josephine Roche was a reformer, Belgian Relief Fund special agent, and progressive, labor-minded owner of Rocky Mountain Fuel Company, who paid her workers an unprecedented seven dollars per day. Although the daughter of John Roche, president of the Rocky Mountain Fuel Company (RMF), Roche sympathized with the plight of coal miners. After the Ludlow Massacre, she recruited miners' wives to testify before the U.S. Industrial Relations Committee. In 1925 she inherited her father's stock in the RMF. By inviting the United Mine Workers (UMW) to organize her miners, she incurred the wrath of rival companies, which waged a price war that eventually destroyed RMF. In the 1930s Roche served as the first female assistant secretary of the Treasury before becoming the director of the UMW's welfare fund in 1947.

Photo from HCC collection: 1910-1920, Josephine Roche, 89.451.3383



Do you have a recommendation for a learning opportunity to share for our next message? A tour suggestion or other comment? Feel free to send a message our way.

Thank you and best wishes,

## **Jillian Allison**

**Director, Center for Colorado Women's History at the Byers-Evans House Museum**

History Colorado | Community Museums

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[COWomenscentennial.org](http://COWomenscentennial.org)

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